



Wookiee Noodles

(Inspired by Chewbacca)

A DOLE® “Unite for a Healthy Galaxy” Recipe

Prep: 15 min.

Makes: 5 servings

Ingredients:

- 4.5 to 5 oz. dry soba noodles
- 2 tablespoons smooth peanut butter
- 2 tablespoons low sodium soy sauce
- 1 tablespoon sesame oil
- 1 tablespoon honey
- 1 tablespoon lime juice
- 1 clove garlic, minced
- 2 cups skinless and boneless rotisserie chicken, shredded, warmed
- 2 cups DOLE® Cauliflower florets, steamed
- 1 cup DOLE® Pineapple, cut into cubes
- 1 teaspoon sesame seeds
- 2 tablespoons chopped DOLE® Green Onions



Directions:

Cook noodles according to package instructions. Drain noodles and return to warm saucepan. **Add** peanut butter, soy sauce, sesame oil, honey, lime juice and garlic to noodles. **Stir** until sauce is creamy and the noodles are evenly coated with sauce. **Divide** noodles between four bowls. **Top** each serving with warm chicken, cauliflower and pineapple. Sprinkle sesame seeds and green onions on top. **NOTE:** Noodles may also be served cold.