



## Frozen Fighter Pops

(Inspired by TIE Fighters)

A DOLE® “Unite for a Healthy Galaxy” Recipe

Prep: 5 min.

Freeze: 6 hrs.

Makes: 8 servings

### Ingredients:

#### Green Light Sabers:

- 1 cup DOLE® Grapes
- 1/2 cup DOLE® Baby Spinach
- 1 cup water
- 1 tablespoon honey

#### Purple Light Sabers:

- 1 cup DOLE® Blueberries
- 1 cup DOLE® Blackberries
- 1 cup water
- 1 tablespoon honey

#### Red Light Sabers:

- 1/4 cup DOLE® Raspberries
- 1-1/2 cups DOLE® Strawberries
- 1 cup water
- 1 tablespoon honey

#### Yellow Light Sabers:

- 2 cups DOLE® Pineapple
- 1 cup water
- 1 tablespoon honey



**Directions:** Combine fruit, water, and honey in blender. Cover; blend until smooth. Pour mixture into popsicle molds  $\frac{3}{4}$  of the way to the top. Freeze for 6 hours or overnight.