



Beepin' Colada

(Inspired by R2-D2)

A DOLE® “Unite for a Healthy Galaxy” Recipe

Prep: 5 min. Makes: 4 servings

Ingredients:

- 1 cup low fat plain Greek yogurt
- 1/2 tablespoon maple syrup
- 1/2 teaspoon vanilla extract
- 1 cup finely crushed graham crackers, divided
- 1/2 DOLE® Banana, peeled and mashed
- 1-1/2 cups DOLE® Pineapple, cut into 1/2-inch cubes
- 2 tablespoons unsweetened coconut flakes, toasted



Directions:

Combine yogurt, maple syrup and vanilla extract in small bowl. Whisk to blend. **Combine** 1/2 cup graham cracker and banana. Mix until smooth. Divide mixture between 4 glasses or mason jars. **Top** with pineapple, yogurt mix and remaining 1/2 cup graham cracker, alternating until you reach the top of the jar, finishing with the yogurt. Sprinkle with toasted coconut and serve.